

Product Description

A golden brown medium sliced wholemeal loaf, great for fillings such as tuna, or a cheese ploughman's.

Storage/Handling/Baking Instructions

Store Frozen at -18°C or below.

To defrost: remove from case and leave in bag at room temperature for approximately 3 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight and use within 5 days.

Once defrosted do not refreeze.

Ingredient Declaration

Wholemeal **Wheat** Flour, Water, Salt, Wheat Flour (**Wheat** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Palm Oil, Yeast, Emulsifiers: E472e, E471; Preservative: E282; **Soya** Flour, Spirit Vinegar, Flour Treatment Agent: E300.

Nutritional Information				Allergen Disclaimer					
		Per 100g	Per slice (38g)	For allergens (including cereals containing gluten), see ingredients in bold .					
Energy	kJoules	923	351						
	kcal	218	83						
Total Fat (g)		1.4	0.5	Suitable For					
of which saturates (g)		0.4	0.2	Sultable Fol					
of which mono-unsaturates (g)		0.5	0.2	Vegetarians	✓	Halal	*		
of which polyunsaturates (g)		0.4	0.2	Vegans	✓	Kosher	×		
Available Carbohydrate (g)		38.2	14.5	Product is free from:					
of which sugars (g)		2.4	0,9	GM ingredients, Hydrogenated Fats					
Dietary Fibre (g)		7.1	2.7	Ob alfilite					
Protein (g)		9.7	3.7	Shelf Life					
Salt (g)		0.85	0.32	Frozen Life of Product			12 months		
of which sodium (mg)		338	128	Wrapped life once defrosted		ed 5	5 days		

Product Data

Product Weight:	800g e	Case Net Weight:	6.40Kg Case Dimension		ensions
Product	Width 110mm +/- 5mm,	Case Gross Weight:	6.89Kg	Length:	474mm
Dimensions:	Height 125mm +/- 5mm	Declared Weight:	8 x 800g e	Depth:	245mm
	4	Cases per Layer:	10	Height:	278mm
No. in a Pack:	1 units per pack, (21 Slices plus two crust)	Cases per Pallet:	60	Pallet Height:	1.83m
Packs in a Case:	8 packs per box	Barcode / EAN:	05010066001120		

Traceability Code: Best Before End DDMMMYYYY Julien date code, FF (frozen), Time eg BBE 13JUN2020 L9164FF07:09

Information Issued By

Name: Katharine Gratton Position: Specification Technologist

Date Issued: 12/11/25 **Issue No:** 10



Kara Customer Care

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